

# AYURVEDA THERAPIST/BODY MASSAGE



**SHANAVAS S.**

**Mobile:** +971 522632588

**E-mail:**

shanavas.edayila@gmail.com

## PERSONAL DETAILS:

Date of Birth: 11-05-1981

Gender : Male

Nationality : Indian

Marital Status: Married

Passport Number: R3213705

Expiry Date: 03/08/2027

## LANGUAGES KNOWN:

English & Malayalam

## CARRIER OBJECTIVE

A passionate and motivated individual devoted to providing high quality patient/customer care in the treatment setting with more than seven years of good working experience. Goals included attaining core characteristics that define a successful operating Ayurveda therapy, expanding knowledge to provide a lifelong commitment, to learning and caring.

## PROFESSIONAL QUALIFICATION

| Course                                 | Institution                                              | University/Board                           | Year of passing |
|----------------------------------------|----------------------------------------------------------|--------------------------------------------|-----------------|
| SSLC                                   | NSS H.S. Parakulam, Kerala, India                        | Board of Public Examination Kerala, India. | 1995            |
| Ayurveda Panchakarma Therapy & Nursing | Skills Indian Institute of Development Technology, India | NACELL                                     | 2017            |

## PROFESSIONAL EXPERIENCE

- ❖ Currently working in Sarovaram Ayurvedic Health Center, Kerala, India

## MY KNOWLEDGE AND EXPERIENCES

- ❖ Full Body Massage(Abhyanga)
- ❖ Head Massage
- ❖ Face Massage
- ❖ Dhara
- ❖ Kizhi
- ❖ Nasya
- ❖ Kativasthi
- ❖ Sirovasthi

## DECLARATION

Thank you for considering my resume and looking forward for a positive response from your esteemed organization. I hereby declare that the above information provided is true to the best of my knowledge.

**SHANAVAS S.**